

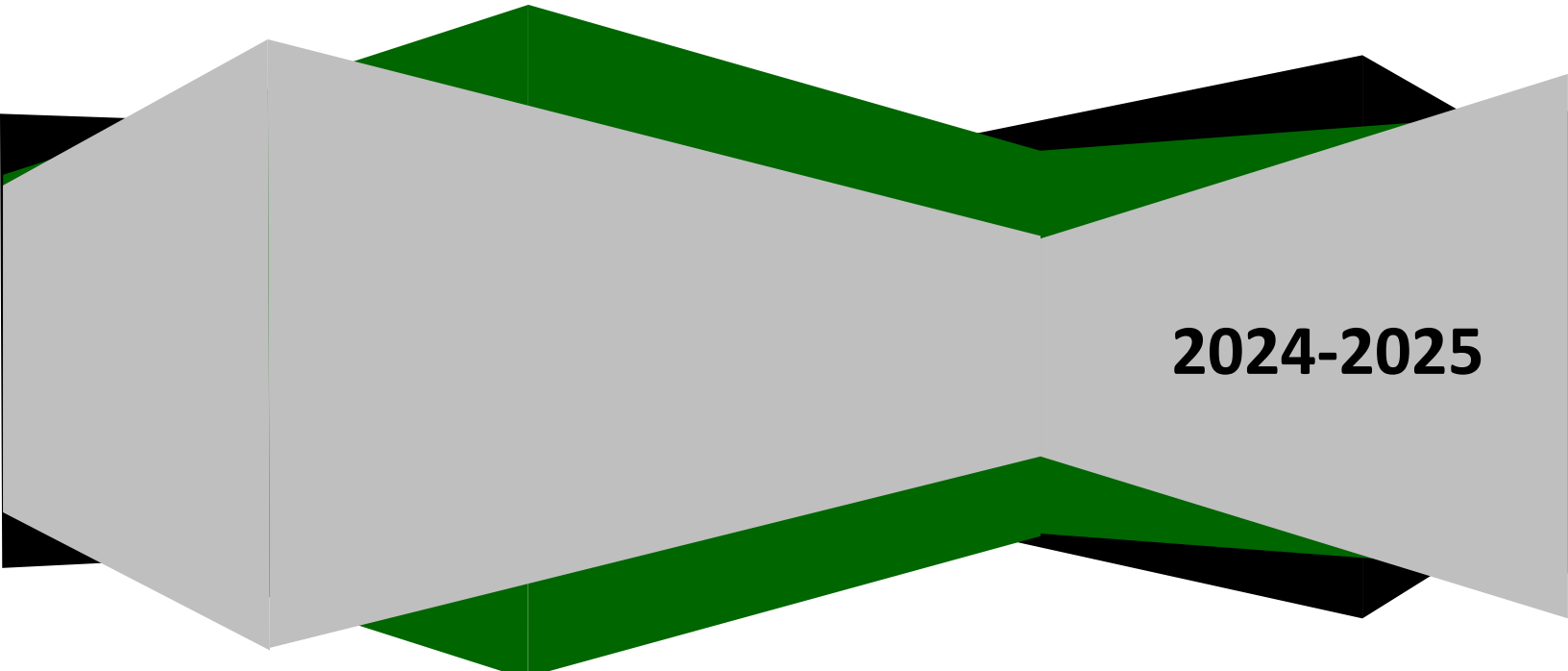
Bronaugh R-VII School District

Handbook

Athletics and School Activities

Mrs. Beth Sandness, Superintendent

Mr. Austin Gripka, Principal/Athletic Director



2024-2025

Coaches and Directors

Band

Director Lauren Meier

HS Basketball (Boys)

Head Coach

Assistant

JH/HS Football

Co-op with Liberal

Knowledge Bowl

Director

JH Basketball (Boys)

Head Coach

HS Softball

Co-op with Liberal

Speech and Debate

Director Lauren Meier

HS Basketball (Girls)

Head Coach Monica Linn

JH/HS Track and Field

Head Coach Josey Martin

Vocal Music

Director Lauren Meier

Assistant

HS Volleyball

Head Coach Austin Gripka

Archery

Head Coach Brandi Whitworth

Assistant Amanda Dickey

JH Basketball (Girls)

Head Coach Monica Linn

Assistant

JH/HS Cheer

Head Coach Monica Linn

JH Volleyball

Head Coach Austin Gripka

Assistant Monica Linn

HS Baseball

Head Coach

Assistant

Rules

1. Students are free to choose the activities in which they would like to participate. It is the District's policy that students facing a conflict between two sponsored activities will be given the choice of which to attend. Certain school activities (to be determined by the administrators) will have priority. Students are not to be penalized by the activity not attended.
2. A student who has gone out for a sport but quits of his own accord, **will not be eligible to start practicing for another sport before the end of the competition in the sport that was dropped.**
3. All students will be transported to and from respective activities via school transportation, unless special arrangements have been made with the coach/sponsor and the parent/legal guardian. If anyone other than a parent/legal guardian is to transport a student(s) to or from respective activities a written request must be submitted to the principal for approval prior to the student(s) leaving for the activity. **NO GIRLFRIENDS OR BOYFRIENDS!** Only approved, school officials may ride the bus to and from activities.
4. If it is necessary to be absent from practice, the student is expected to communicate with the coach/sponsor or administrator **before the absence occurs.**
5. **Students must be in attendance at least half a day to participate in practices that are scheduled that day. That means students must be signed into the office by 11:45am to be eligible to participate. Students must be in attendance the full school day in order to participate in games/competitions for that day.** Special circumstances may apply and should be discussed with the principal in advance. Students who arrive to school after 8:15am will be considered absent for 1st hour.
6. If a student misses practice the day before competition, they are considered ineligible. If a student misses practice on Friday, they are ineligible for any competition on Saturday or Monday.
7. In the event that truancy or suspension takes place, the student will not be eligible for participation until he/she has fulfilled disciplinary requirements established by the administration.
8. The possession or use of alcohol, tobacco, or nonprescription drugs is known to be detrimental to the individual as well as the team he/she represents. Therefore, disciplinary action will be taken. **This is a year-round commitment.** If a student athlete is caught using or in the possession of any of the above, the drug suspension guidelines will be at a minimum as follows, or may be exceeded as deemed necessary the sponsor/coach and/or administration.
9. Hazing, Harassment and Bullying will not be tolerated. The Bronaugh R-VII School District will have a zero-tolerance policy on these issues and will follow suspension guidelines.
10. **24 Hour Rule:**
 - **No coach, parent/guardian contact will be made within 24 hours of a contact. There is a time and place for all conversations.**
 - **Proper Chain of Command**
 - **All problems and concerns must come from the athlete first. A player will schedule a one on one meeting with the coaching staff.**
 - **If the concern still exists, parents can contact the head coach to schedule a meeting with the athlete, the parent, and coaching staff.**
 - **If the concern still exists, parents can contact the school office at 417-922-3211 to schedule a meeting that will involved the parent, the player, coaching staff, and athletic director.**
 - **If the concern still exists, parents can contact school administration at 417-922-3211 to schedule another meeting at that time.**
 - **At **NO** time will we discuss playing time, play calling, or any other member of the program.**
11. **Technical Fouls**
 - **Basketball: A player or coach receiving a technical foul**

- 1st offense: Player or coach will sit 2 quarters of game in locker room.
- 2nd offense: Player or coach will miss a full game.
- 3rd offense: Dismissal from team.
- Volleyball: A player or coach receives a red card.
 - 1st offense: Player or coach will miss 1 set of next match
 - 2nd offense: Player or coach will miss 1 match
 - 3rd offense: Player or coach will be dismissed from team
- Baseball/Softball: A player or coach gets ejected from game.
 - 1st offense: Player or coach will serve 1 game suspension
 - 2nd offense: Player or coach will be dismissed from team.

Eligibility

The following eligibility standards will apply to all extra-curricular and co-curricular activities in the Bronaugh R-VII School District. The following are a summary of MSHSAA Eligibility Standards. Student athletes must meet all requirements for eligibility and abide by all policies as outlined in the MSHSAA Official Handbook.

1. The student shall have earned, the preceding semester of attendance, credit in 80% of the maximum allowable classes in which a student can be enrolled in the semester.
2. The student shall currently be enrolled in and regularly attending courses that offer 80% of the maximum allowable credits which may be earned.
3. A student who is ineligible shall be able to practice; however, no academic time shall be missed for activities—including travel to games.
4. A student who misses class on the date of a contest without being excused by the principal shall not be considered eligible to represent his/her school on that date. Students who miss school on Friday, shall not be considered eligible to represent his/her school on the following Saturday.

In addition to the MSHSAA Eligibility Standards, High School and Middle School students at Bronaugh R-VII, participating in MSHSAA sanctioned activities must meet the following requirements:

The principal will complete weekly grade checks on Friday afternoons. If a student has a D or F in a class then they will be put on probation for the next week. If the following Friday the probation student still has a D or F in the same class then they will be deemed ineligible for the next week.

During Probation Week:

- Students are required to go get tutoring/additional help in the class they have a D/F in during Champion Time on both Tuesday and Thursday.
- Students are eligible to participate in all extracurricular activities.

During Ineligibility Week:

- Students are required to go get tutoring/additional help in the class they have a D/F in during Champion Time on both Tuesday and Thursday.
- Students are eligible to participate in all practices of extracurricular activities.
- Students are ineligible to participate in all competitions of extracurricular activities.
 - Students aren't allowed to travel with their team to away sporting events.
 - Students aren't allowed to attend home sporting events and school dances.

Every Friday a student has no D's or F's on their grade check the student will have a clean slate for the next week.

Attendance

The MSHSAA states students must attend school for at least 50% of the school day on the date of a scheduled athletic event and/or an activity in order to be eligible to participate (this includes practices), except in cases where permission from both the parent and administration has been granted. For activities that fall on Saturdays or holidays, the above rule shall apply to the nearest previous day regarding eligibility. Due to the large number of students being allowed to take a half a day off from school, Bronaugh student-athletes will now be required to attend school for the entire day of an athletic contest. This includes homeroom and/or enrichment class. Students must have a doctor's note in order to be able to practice and/or play when missing any class time and/or homeroom class during the school day. Students and athletes will be required to abide by the 50% rule on practice dates.

Citizenship Policy

All student-athletes are expected to properly represent the Bronaugh School District in a proper manner. To help ensure that our student/athletes abide by all guidelines set, we have a citizenship policy that each student/athlete and their parent(s) will sign. A chart dealing with offenses and punishments is listed below. The entire policy is included in the handbook.

Infraction	1 st offense	2 nd offense	3 rd offense	4 th offense
Alcohol (use, possession, under the influence, and/or distribution)	Suspension from two contest weeks	Suspension from contests for 90 school calendar days*	Suspension from contests for 180 school calendar days	Permanent Restriction
Drug (use, possession, under the influence, and/or distribution)	Suspension from all activities and athletics for 9 weeks	Suspension from all activities and athletics for 52 weeks	Permanent Restriction	
Tobacco/Vaping (use, possession, and/or distribution)	Suspension from one contest week	Suspension from contests for 30 school calendar days	Suspension from contests for 90 school calendar days	Permanent Restriction
In-school suspension and/or Out-of-school suspension	The student will be ineligible to participate in any practice and/or contest while serving in-school suspension and/or out-of-school suspension.			
Violations of Law (felony)**	For all infractions: Suspension from participation for an alleged violation. Reinstatement upon acquittal. Permanent restriction upon conviction.			
Violations of Law (misdemeanor)**	For all infractions: Students may be suspended from participation at the direction of the review committee comprised of the Principal, Athletic Director, Coach, and/or Sponsor.			

*This can be reduced to 45 days if the student undergoes five hours of drug/alcohol counseling or rehabilitation at parent expense.

**The student is expected to immediately report any violation of law to the Athletic Director.

Contact Days

The MSHSAA requires that coaches and sponsors of athletic teams and activity sponsors/coaches have only 20 days of contact with students and student/athletes during the summer. Summer begins the first day school is out and ends the first day of practice for fall sports. The end-day for all other sports is the first day of the school year. The rule states that the 20 contact days are per sport/activity and per gender. If a coach/sponsor goes over the 20-day limit, the coach/sponsor will be suspended for the same number of regular season games that were exceeded. It is the coach's responsibility to keep track of the number of contact days that they have with each student and student/athlete. Coaches and directors are required to turn in a sheet documenting the contact dates and length of contact for each sport.

Equipment

Students are to use school issued equipment when competing in any athletic contest in which a school sponsored team is competing. Do not allow students to use their own equipment. If we need to purchase

equipment, please let the athletic director's office know and we will try our best to purchase whatever equipment is needed. If a parent and/or community member wishes to donate equipment and have their student wear/use the equipment, check with the athletic director's office before saying yes. The parent must understand that the equipment will become the property of the Bronaugh School District and it will not be returned to them.

Make sure all equipment is returned in a timely fashion. Student's names that do not turn in equipment should be given to the athletic director's office. A letter will be sent to the student's home requesting the equipment and the cost for each piece of equipment if it is not returned by the stated date.

It is imperative that all equipment be returned. We will not purchase new equipment due to lack of organization on the coaches' part. Students will turn equipment in or they will pay for it. This is the only way we can afford to purchase replacement pieces of equipment.

Concussions

The athletic department will abide by The MSHSAA policy as it pertains to concussions and concussion protocol. No student/athlete will be allowed to practice or play without a Return to Play form filled out by a medical professional. Do not allow a student/athlete to practice and/or play unless this form is in the possession of the Bronaugh R-VII School District administration. The MSHSAA policy on concussions is included in the handbook.

Players Who Quit

Players who quit or are dismissed from a sport will not be allowed to participate in another sport until the season of the sport they have quit and/or were dismissed from is over. We will be consistent in the enforcement of this rule. It is important that you communicate this with all athletes and parents at the beginning of the season.

Expectations

If student athletes have practice that will not begin immediately after the school day, they are expected to leave and return or stay under the supervision of staff.

Hazing

Bronaugh schools prohibits any form of hazing, including but not limited to, initiation rituals and harassment.

Hazing is unacceptable conduct and can result in disciplinary action. Disciplinary action may include, but not be limited to, a student suspension or expulsion from school or the termination of any employees' contract. No student, coach, teacher, sponsor, volunteers, or district employees shall permit, condone, or tolerate any form of hazing. Students who have been subjected to hazing are instructed to promptly report such incidents to school officials.

Internet Postings:

Bronaugh Schools student athletes should be aware that inappropriate Internet postings (written, text messages, graphic or photo) by yourself or others on a school or personal computer, may result in disciplinary action.

Discipline

Repeated referrals of a student to the office for misbehavior may be sufficient reason to declare a student ineligible. A single serious breach of good conduct either in or out of school may be sufficient cause for declaring a student ineligible to participate in school activities. Each sponsor/coach may impose stricter rules for their specific activities. The coach/sponsor will provide written rules and consequences to parents/students.

Ethics/Citizenship

Student activities in the Bronaugh R-VII School District provide a program for students to pursue special interests in addition to more formal class activities. Student activities help develop leadership abilities, promote school spirit and loyalty, establish habits of good citizenship, and provide opportunities to learn and work as part of a group. Although student activities are important for the all-round development of students they should be of secondary importance. Regular classroom work must come first.

Credible citizenship shall be one of the criteria for participation in school activities. Credible citizenship includes such things as regular and punctual attendance and a quality of conduct, which promotes the best interests of the school. The following citizenship standards for eligibility have been approved as school policy for Bronaugh R-VII Schools.

Students should not post inappropriate and/or demeaning sayings, pictures, or videos on social media. Any posts on social media that negatively affect the school or other schools shouldn't be posted. Discipline actions will be taken for any student being reported of inappropriate social media posts.

Participation in student activities is a **privilege and not a right**; therefore, the School Board believes that students must adhere to standards of behavior, which will bring credit to the individual student, the particular activity, the school, and the community.

1. Having to serve ISS (no activities during term of ISS)
 - a. First Violation: Warning notification to head Coach and coach's consequences as set forth by the Coach.

- b. Second Violation: Students will serve a suspension period for the sport(s)/activity in which they are participating. Basketball & Volleyball: 2 game suspension, Baseball, softball, track, speech/debate, Academic Team: 1 game suspension. (After ISS has been served).
 - c. Third Violation: Dismissal from team for the remainder of the season.
2. Having to serve OSS (no activities during term of OSS)
 - a. First Violation: Students will serve a suspension period for the sport(s)/activity in which they are participating. Basketball & Volleyball: 2 game suspension, Baseball, softball, track, speech/debate, Academic Team: 1 game suspension. ~~(After ISS has been served).~~ (After OSS has been served.)
 - b. Second Violation: Dismissal from team for the remainder of the season.
 - c. Third Violation: Dismissal from athletics/activities for 365 days from the date of the incident.

In addition to these standards, students must abide by the rules and regulations of the Missouri High School Activities Association (MSHSAA). The following rules are included in the MSHSAA official handbook, and are listed here to help students and parents to understand state requirements, and to help avoid a situation, which could lead to violations of eligibility standards.

1. A student who misses class on the date of a contest without being excused by the principal shall not be considered eligible to represent his/her school on that date. Students who miss school on Friday, shall not be considered eligible to represent his/her school on the following Saturday.
2. Any student who withdraws from school because of disciplinary measures shall not be considered eligible for any interscholastic activity for one full year from the date of withdrawal.
3. A student in grades 9-12 must be currently enrolled in courses that offer a total of three (3) units of credit, and he/she must have earned credit in 80% of the classes taken the previous semester.
4. Beginning ninth grade (9th) any student that has been promoted from the 8th grade to the 9th grade shall be granted eligibility for his/her first semester regardless of the three (3) units of credit rule referring to the previous semester.
5. A junior or senior high school student may be eligible in a public school only in the district in which his parents, legally established guardian, or the person with whom he/she has been living for one calendar year, and is designated as the school for him/her to attend by the Board of Education.
6. Non-school competition: Before competing in **ANY** non-school competition, check with your administration.
7. The school shall require of each student before the student is allowed to practice or participate, a yearly physician's certificate stating that he/she is physically able to participate in athletic contests of his/her school.
8. A student shall not be permitted to practice or compete for a school until the school has verification that he/she has basic athletic insurance coverage.
9. Students are expected to self-report incidences with law enforcement. The consequence for failing to report incidences with law enforcement is a suspension from all activities for up to one calendar year, pending review of the MSHSAA Board of Directors.

Dress Code

Student athletes/activity participant will adhere to the following dress code when traveling to out of town games.

Boys: Khaki or Dress Slacks
Collared Shirt and Tie

Girls: Dress or Dress Slacks
Dress Tops

No T-Shirt, No Sweat Shirts
No Denim, No Flip Flops, No Hats

- For home games, students should adhere to the above dress code until they dress out for their competition.
- If Dress Code is not met, the student will sit out, and not participate in that day's event.
- Spring sports will change into uniforms prior to leaving school for the event.
- Organizations with official dress, shirts, etc. will abide by their organization's rules.
- Appropriate dress as determined by the coach/sponsor

Transportation

In general, students are required to ride the **school provided transportation** to and from activities. Students are expected to return from activities the same way they go, ~~on the bus~~. Certain occasions may warrant consideration of some alternatives.

1. Athletes may ride from activities only with a parent/legal guardian. If anyone other than a parent/legal guardian is to transport a student(s) to or from respective activities a written request must be submitted to the principal for approval prior to the student(s) leaving for the activity. **NO GIRLFRIENDS OR BOYFRIENDS!** Only approved, school officials may ride the bus to and from activities.
2. Parents/Legal Guardian may sign out their child after an away contest.
3. Student participants will meet the following expectations during travel
 - a. Ready at the scheduled departure time
 - b. No cleats or spikes on the bus
 - c. No food on the bus (unless authorized)
 - d. Display good citizenship
 - e. Keep the bus clean. Pick up litter after a trip
 - f. Close all bus windows at the end of the trip
 - g. Leave the bus in better shape than you found it
 - h. Notify parents of return time
 - i. **No female and male students will share a seat on the bus for trips**

Practice/Schedules

All coaches have the right to have closed practices. This will be discussed at the parent/athlete meeting. If an athlete is to miss a practice for any reason, he/she must notify their coach in advance, if at all possible. An unexcused absence from practice may result in loss of playing time. Repeated unexcused absences could result in suspension from the team for the remainder of the season. Practice schedules are to be made available at the beginning of the season with the understanding that parents and students will be notified of any and all changes.

Evaluations

A yearly evaluation of coach performance will take place during the season. Evaluations are conducted to ensure coaches are meeting the needs of the athletes and treating everyone with respect. Evaluations are not carried out to undermine the coach's decisions on playing time, play calling, or strategy. The purpose is to ensure that coaches are providing quality instruction while encouraging all athletes to reach their potential.

Communication

It is important for coaches to communicate their rules and specific expectations to their athletes and parents. We encourage good communication between athletes, parents and coaches as long as it is productive. **All coaches will have a parent meeting at the start of the meeting to go over rules and expectations for the season with parents and players. This will include the availability to join the chat group to get updates from the coaches about practices and other events.**

The following items are appropriate concerns to discuss with coaches/advisors:

1. The treatment of your student mentally and physically
2. Ways to help your student improve
3. Concerns about your student's behavior

The following issues are not appropriate to discuss with coaches/advisors:

1. Playing time.
2. Team strategy
3. Play Calling
4. Other students/athletes
5. Do not approach or attempt to discuss with coaches immediately following an event.

Bronaugh R-VII School District coaches and directors should not communicate electronically with students/athletes individually. The only forms of communication with students/athletes in electronic form should be through the use of apps such as Remind and Flock and/or a group email. Never communicate with an individual student/athlete via social media, texting, or phone call without including a parent. Never meet with students/players individually. Always have an assistant coach/director present when discussing any topic with a student/athlete.

Awards

1. Students may not receive cash, merchandise, or gift certificates for participating in an athletic contest.
2. Students may accept awards that are symbolic in nature, such as medals, trophies, ribbons, plaques, etc., for participating in a school athletic program. These awards may be received only from your school, from a school hosting an event, or from the MSHSAA.
3. Students may accept awards for participating in non-school sponsored athletic competition only if the awards are symbolic in nature, such as medals, trophies, ribbons, plaques, etc.

Lettering

Each sport offers objective criteria and qualification for lettering set by the individual sport coaching staff. The additional factors of good school citizenship and a constructive, positive attitude are integral criteria of the lettering process.

- Baseball/Softball- The player must participate in at least 50% of all innings played at the varsity level during the season. The coach will give consideration in special cases.

- Basketball- Any athlete that plays in half of the varsity quarters will letter. The coach will give consideration in special cases.
- Track- Athletes must participate in an average of two events per meet. Athletes must complete the season through the finish of Districts. Athletes must attend all meets unless excused by the coach. The coach will give consideration in special cases.
- Volleyball- Any player who participates in one-half of the total sets (not matches), or under special circumstances at the discretion of the coach may letter.
- Cheerleading- Cheerleaders are presented a letter upon selection to the varsity squad

Dead Period

The MSHSAA requires all sanctioned schools to set a “Dead Period” during the summer. The “Dead Period” must begin on a Saturday and end on a Sunday and must be for 9 consecutive days. The MSHSAA also requires that separate “Dead Periods” be set for athletics and activities. The Dead Period for 2024 is listed below.

Athletic Dead Period: Saturday, August 3rd thru August 11th of 2024

Activity Dead Period: Saturday, August 3rd thru August 11th of 2024

There can be no contact with any junior high and/or high school athlete and/or participants during the “Dead Period”.

Drug Testing Policy

The Board recognizes the importance of protecting the health and safety of students from the use of illegal drugs, performance-enhancing drugs and alcohol. The purpose of this policy is to help prevent substance abuse among students, to encourage treatment for students with substance abuse problems and to ensure that students have the opportunity to attend school and participate in activities in a fair, safe and healthy environment.

The superintendent or designee is directed to adopt procedures to carry out the intent of this policy and may contact the district’s attorney for assistance in applying this policy. The district will use a laboratory certified by the U.S. Department of Health and Human Services.

Random Drug Testing

Participation in extracurricular activities is a privilege and carries with it the responsibility to adhere to high standards of conduct, including refraining from the use of illegal drugs, performance-enhancing drugs and alcohol. To assist students in making healthy and safe choices, the district will conduct random drug testing of students in grades 9-12 as a condition of participation in covered activities. Covered activities are activities regulated by the Missouri State High School Activities Association (MSHSAA), excluding all activities in which students receive an academic grade for participation. District employees shall not have the authority to waive the testing of any student selected using the random selection process.

Students who test positive through this random testing program will be excluded from participation in covered extracurricular activities as follows:

First Offense – Exclusion from all covered activities for a minimum of 30 participation days and must pass a drug test administered by the district prior to participating in covered activities again.

Second Offense – Exclusion from all covered activities for a minimum of 90 participation days and must pass a drug test administered by the district prior to participating in covered activities again.

Third Offense – Excluded from all covered activities for the rest of the student’s enrollment in the district.

For the purposes of this policy, a “participation day” is each day that the extracurricular group meets, regardless of whether that meeting is a practice, a group meeting or an event.

The consequences may be reduced if the student participates in drug or alcohol counseling and additional testing in accordance with procedures developed by the superintendent or designee. A positive test through this random testing program will not result in suspension from school or academic sanctions. The district will not report results to law enforcement.

Drug testing forms must be turned in by Friday August 30, 2024 at 3:00 p.m.

Forms

The following forms will be required before a student may practice or perform in any athletic activity.

1. Physical (annually)
2. Insurance Verification
3. Emergency Card
4. Participation Agreement
5. Concussion Information Form

Emergency Card and Participation Agreement

Student Name: _____

Parents Name: _____

Home Phone: _____

Work NO. Mother: _____ Work NO. Father: _____

CONTACT IF PARENT CANNOT BE REACHED

Name: _____ Relationship: _____

Home Phone: _____ Work Phone: _____

Doctor's Name: _____ Phone: _____

Hospital Preference: _____ Phone: _____

If any non-life threatening emergency occurs while your child is participating in an event conducted within the Bronaugh R-VII School District, your child will be taken to the Nevada Hospital unless you designated a hospital preference above. If the emergency occurs outside of the Bronaugh R-VII School District your child will be taken to a nearby medical facility and you will be contacted as soon as possible.

Bronaugh R-VII School District Athletic/Activities Participation Agreement

As a representative of the Bronaugh R-VII School District and its activities program, I will sincerely endeavor to contribute my best to the success of that program. I have read the activities handbook and understand the expectation of sportsmanship, citizenship, and academic responsibility. I agree to abide by the provision outlined in the handbook. I am also aware that if I do not live up to this agreement, I must accept the consequences, which might include suspension from the team on which I am participating. I have read the policies, understand them, and will abide by them.

PRINTED Student Name Sport/Activity Date

Signature of Student Date

NOTE: As a parent or guardian I am giving permission for my son/daughter to participate in organized school activities, even though I am aware of the potential for injury which is inherent in all sports and activities. Even with the best of coaching, the use of the most advanced protective equipment, and strict observance of rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in disability, paralysis, or even death. I have read the policies, understand them, and will abide by them.

PRINTED Parent Name Sport/Activity Date

Signature of Parent/Guardian Date

STUDENTS AND PARENTS MUST SIGN BEFORE PARTICIPATION IN ANY ACTIVITY